

Form T

Stability-assessment for executives, specialists and employees

Company:			
Street:			
ZIP:	City:		
Phone:		Fax:	
eMail:		www:	
Date:		Administrator:	
	Signature:		

	Male:	Female:		
		Male:	Male: Female:	Male: Female:

Unternehmer-Service oHG, Geislinger Strasse 21, D-73033 Goeppingen, Germany Phone: +49 (7161)-70999, Fax: +49 (7161)-70886, eMail: unternehmer-service@ablemind.de, www.unternehmer-service.com, Copyright © 2002

Important Instructions:

This test consists of a series of statements, which rather reflect your current **attitudes** and **viewpoints** or not. If a statement largely reflects your attitude, then check mark your answer in the first collumn (+): \square \square Is the statement generally not reflecting your attitude, checkmark the box in the second collumn (–): \square \square

+ (Plus) means: the statement is generally correct
- (Minus) means: the statement is generally not correct)

		+ -
1.	I am well all of the time.	
2.	People are always good at heart.	
3.	I can recall things by seeing them in memory.	
4.	I can recall things by listening to them in memory.	
5.	I am excellent at projects and always finish what I start.	
6.	I do not have accidents.	
7.	Life is exhilarating.	
8.	I love people.	
9.	When I have deep-seated beliefs, I tell people about them.	
10.	Sometimes you have to destroy things when they threaten you.	
11.	I have the symptoms of arthritis or kidney stones or other "depository illness."	
12.	I am free to do anything good I choose.	
13.	I guess we're all more or less right.	
14.	I enjoy all my possessions and always have.	
15.	No matter what happens to other things, I'll live through it.	
16.	I have sometimes maintained I was right even when I suspected I was wrong.	
17.	A conservative attitude is often best.	
18.	One can't always be right.	
19.	You can't let everybody do as they please.	
20.	Sometimes I don't object even when I know I am right.	

21.	You can be hurt by responsibility.	
22.	I like to have people talk to me.	
23.	I enjoy talking to people.	
24.	I have never failed to mail a letter which was given to me to mail.	
25.	Any idea may have some truth in it.	
26.	I do not listen to bad things.	
27.	There are more things right about the world than there are wrong.	
28.	Thinking of new projects is as interesting as sex.	
29.	All children are wonderful.	
30.	I get openly angry with people.	
31.	If you hold on tight, it won't hurt.	
32.	Some people are hateful.	
33.	I am very much myself and I make the best of it.	
34.	The future holds so much.	
35.	I adjust myself to situations as need be.	
36.	People had better take responsibility seriously.	
37.	I own what I own in spite of them.	
38.	Life can be serious.	
39.	Possessions are occasionally troublesome.	
40.	Sometimes I'm afraid I'll lose things.	
41.	I can't be myself.	
42.	The past is pretty dreadful.	
43.	The other sex delights me.	
44.	I never grow impatient with children, no matter how much noise they make.	
45.	Things always go the way I want them to go except in very unusual circumstances.	
46.	Lots of people need me.	
47.	I am complete master of myself and my environment.	
48.	All my thoughts are creative and constructive.	
49.	My honesty is not questioned.	

+ -_

		+ -
50.	I tell the truth in any circumstances, regardless of any consequences.	
51.	A lot of people are wrong most of the time.	
52.	People who overindulge in sex should be punished.	
53.	People have to be punished to make them good.	
54.	People have to be ruled with an iron hand.	
55.	I like reality as I find it.	
56.	Anything can be trusted.	
57.	I've got to be myself somehow.	
58.	I can barely face the future.	
59.	One can't always be himself.	
60.	One has to be careful of the present.	
61.	I despise waiting.	
62.	Lies often serve better than the truth.	
63.	Life is often threatening.	
64.	It is best to be honest all of the time, regardless.	
65.	I am not afraid.	
66.	I enjoy carrying out responsibilities.	
67.	When I am doing something constructive, I never swerve aside.	
68.	I have never been afraid.	
69.	Sometimes I feel responsible for everybody and the whole world.	
70.	When I am engaged upon a creative enterprise, nothing has ever swerved me.	
71.	Life has always been wonderful.	
72.	It is impossible to be completely moral.	
73.	The end justifies the means, even when you have to lie.	
74.	I am usually brave.	
75.	I generally work myself into positions of responsibility regardless of Opposition.	
76.	I can understand anything.	
77.	Life has a good effect on me.	
78.	If anyone makes a remark threatening me, I find means to hurl it back.	

79.	Sometimes reality is threatening.	
80.	People try to tell you bad things.	
81.	Occasionally one has to be somebody else.	
82.	Social lies are not too serious.	
83.	If a person knew some things it would be bad.	
84.	I sometimes fear a permanent injury.	
85.	I always get the point of jokes I am told.	
86.	People are very cooperative.	
87.	The future holds much for me.	
88.	I do not have impulses I can't explain.	
89.	Everything I do is fun.	
90.	The only way to gain support from people is to get them enthusiastic.	
91.	The future is more important than the present.	
92.	Life was made only to be enjoyed.	
93.	One has no choice but to destroy one's enemies.	
94.	Criticism is good for people.	
95.	When I get angry, if I destroy something it makes me feel better.	
96.	Life is a serious affair and there is little pleasure in it.	
97.	I am always myself and never change personality when I talk to people.	
98.	I don't mind responsibility.	
99.	Sometimes you have to object, but you have to be pleasant about it.	
100.	Even when you don't like people, you have to be yourself with them.	
101.	I should always be happy.	
102.	People trust me.	
103.	I can understand when I apply myself and I always have been able to.	
104.	People have stood in my way.	
105.	I have never felt pain.	

- + -

Copyright © 2001